

Family Digital Agreement :

When I’m online: I will be careful, respectful and balanced. I will ask for help when needed and be safe at all times.



Our Screen Rules:

✓ My Screentime Hours :

School Days

✓ Where I can use my devices:

✓ Which devices I can use:

✓ Which platforms I am allowed:

✓ Where I keep devices at night:

✓ What if I break the rules:

Outline Consequences:



Online Safety Tips: onlineguardians.com.au/parent-support-network/

Signed: (Child)..... Signed: (Parent/Carer)

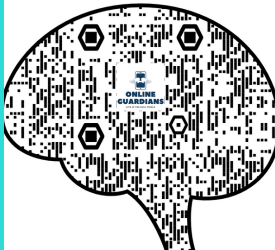


Online Guardians

Phone
0410 623 119

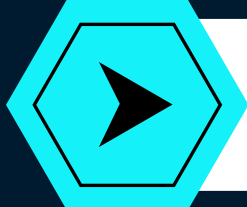
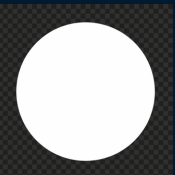
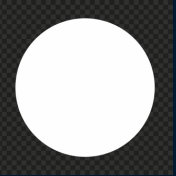
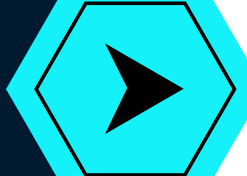


www.onlineguardians.com.au



WE ARE A TEAM ONLINE: 'Live in the Real World'

This Family Digital Agreement is designed to keep our children safe, balanced and respectful whilst navigating the digital world. We recommend you complete an agreement for each child and keep it on the fridge or in a visible spot in the home.

	Child (X)	Parent (X)	Things We Discuss Together
 No devices in the bedroom			 Screen time restrictions will be active. Complete time limits for school days and weekends. (Front)
 All accounts are Private			 We do NOT use devices during block out time. Get outside as often as possible. Play with friends, draw, bike ride - Be creative when bored.
 Never provide personal details or information online			 We never talk with or 'friend' strangers online. Only communicate in servers with friends. We never share personal information. Not every person is safe or a kid.
 Allowed only on games & social networks for your age (under 13)			 We never accept gifts from people online. We do not accept Robux, V-Bucks or other gifts from anyone.
 Always be respectful, kind, and yourself online			 Always be respectful to others. Come and see me. You are never in trouble; we can fix any situation together. We are a team.
 We have both signed & understand our Family Digital Agreement			



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