

Online Guardians Digital Reminders



Start Building Healthy Habits



ROBLOX



Always Be Genuine

Be the same person in the digital world as you are in the real world!

Just Leave

Remember, if you are not comfortable in a conversation or group chat, leave.

Speak Up

Make sure we always talk to our parents, carers, teachers, or trusted adults if you ever have a concern or feel uncomfortable.

www.dontclickonme

If it sounds too good to be true in the digital world, it's likely a scam. Don't click on it. Never give away your passwords or usernames.

Always Be Kind

Always be kind and considerate to other people. You never know how your words can affect others

Don't Talk To Strangers

Always have private settings on socials and gaming platforms. We only talk to people we actually know.

Limit Time

Reducing your time on socials and gaming will make you feel better and help with your sleep, focus and concentration.

Get Active

Get active with sports, music, arts, hobbies and school. This is good for our physical and mental health

No Reply Is The Best Reply

People that bully others are not strong. Do not reply and give them your time.

Never Share Photos Or Content

Never send personal photographs or information of yourself to people you don't know. Not every person is safe online.

