

1 PARENTING: LOVING, SUPPORTIVE AND NURTURING ENVIRONMENT

Open channel of communication.

4 BEHAVIOUR MANAGEMENT FOCUS

Strategies need to be focused on the child, NOT the device.

Control your child's learning environment and influences.

2 ENHANCING SELF CONFIDENCE, SELF WORTH AND RESILIENCE

Sports, music, arts and hobbies.

Short term goals, structure, routine and rewards.

Morning routine essential.



5 UNDERSTAND YOUR CHILD AND MODEL BEHAVIOUR

Every child is different.

Understanding your child will greatly assist in implementing the best strategies and approaches to navigate the digital world.

3 EARLY PROACTIVE PARENTING

Family Technology Agreement.

Rules, boundaries and consequences.

Age appropriate gaming and socials.

Parental controls and restrictions



ONLINE GUARDIANS